

## Radiological examination of thorax in Awassi sheep

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### Abstract

Medical imaging methods (magnetic resonance imaging, computed tomography, X-ray, and ultrasound) are used to guide physicians when diagnosing diseases and planning their treatment. Thorax radiography is frequently preferred for the detection of diseases related to the respiratory system and the heart. When the thorax anatomy is known, this facilitates the detection of diseases in these regions. The vertebral heart score (VHS) is a parameter used for the detection of cardiac anomalies. In cases such as cardiomyopathy and chronic pneumonia, the heart silhouette changes and cardiac enlargement is ensued. Knowing the normal VHS parameter is important in the detection of anomalies. In the present study, 15 male and 30 female adult Awassi sheep were used. The thorax region was imaged with an X-ray device in the right lateral position. Each animal was measured for nine parameters in the region. In the measurements, the female and male VHS scores were found to be  $9.77 \pm 0.48$  and  $9.69 \pm 0.52$ , respectively, using one method and  $10.11 \pm 1.64$  and  $9.96 \pm 0.73$ , respectively, using the other method. No statistical difference was found between the two methods. The cardiophrenic contact parameter was observed to be statistically significant between males and females. No statistical difference was found in other parameters. Consequently, this study was carried out to determine the VHS values in Awassi sheep, and the thorax measurements were evaluated. This study is considered to contribute to veterinary surgeons and the field of veterinary surgery.

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### Introduction

Radiography, an affordable and easy-to-access technique, is preferred to detect anomalies in the thorax in different animal species.<sup>1</sup> Thorax radiography is used to examine the shape, position and size of the heart and its vessels. Thorax radiography provides data not only on the heart but also on the lungs and the position of the heart.<sup>2</sup> It is necessary to identify the normal radiographic appearance of the heart in order to detect the disease in the heart.<sup>3</sup> Many studies have been conducted to indicate the normal appearance of the thorax. Thorax radiographs are used in the detection of diseases such as pneumonia, diaphragmatic hernia and megaesophagus.<sup>4,5</sup> In instances where there is concomitant cardiac involvement and pneumonia, the use of vertebral heart score (VHS) can facilitate the detection of cardiac enlargement. In the event of a combination of pneumonia and congestive heart failure, there may be a change in the heart silhouette.<sup>6,7</sup>

The Awassi breed is one of the most common sheep breeds raised in the eastern Mediterranean. It is frequently

reared in countries like Turkey, Syria, and Jordan. Awassi sheep are preferred due to their advantages, such as high milk yield, resistance to diseases and parasites, and good tolerance to high temperatures.<sup>8</sup> This study aimed to radiographically examine the thorax of Awassi ewes and determine whether there is a difference between the sexes.

### Materials and Methods

Adult male (n = 15) and female (n = 30) healthy sheep were used in the study. This study was approved by Harran University Animal Experiments Local Ethics Committee (Decision No. 2023/007/05). The animals used in the study were not anaesthetised. The radiographic images obtained were taken by following the full inspiration time as much as possible. The sheep were kept standing, immobilised, and imaged in the right lateral position.

The morphometric parameter used in the study were based on works of Abdelhakiem *et al.* and Makungu as shown in Figure 1: <sup>9,10</sup> 1) Thoracic inlet diameter (TID), 2) Trachea diameter, 3) Fourth thoracic vertebral maximum

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height, 4) Fourth thoracic vertebral length, 5) Thoracic depth (THD; Distance between the ventral surface of the thoracic vertebrae and the dorsal surface of the sternum), 6) Cardiac silhouette short axis measurement, (Measurement of the short axis boundaries of the widest outline of the heart silhouette), 7) Cardiac silhouette long axis measurement, (Measurement of the long axis boundaries of the widest outline of the heart silhouette), 8) Cardio-diaphragmatic contact, and 9) Cardiosternal contact.

**First method.** To measure the VHS, they were first measured using the technique developed by Buchanan and Bücheler. The long axis and short axis of the heart were measured in mm and recorded separately. The measurement value was continued from the cranial end of the 4<sup>th</sup> vertebra to the caudal. The number of vertebrae passed was measured separately in the long and short axis at a value of 0.01 vertebral unit (v). The VHS was determined by adding the values obtained.<sup>11</sup>

**Second method.** The long axis and short axis of the heart were measured perpendicular to each other. The measurements were divided by the length of the 4<sup>th</sup> vertebral body. The obtained results were summed and the VHS value was calculated.<sup>12</sup>

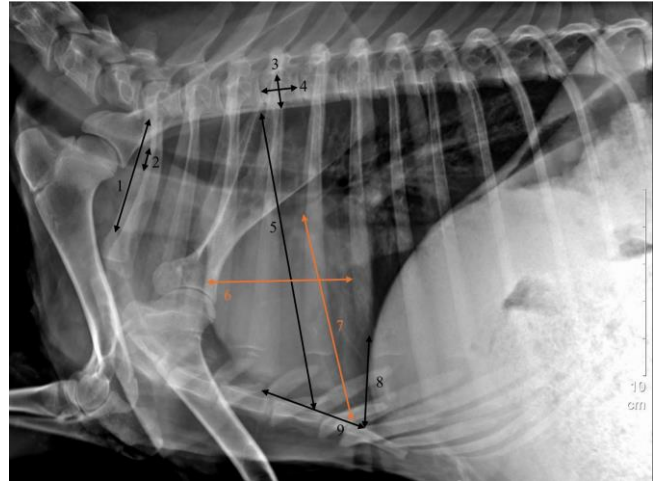
**Statistical analysis.** Statistical evaluation of data was performed using SPSS Software (version 13.0; SPSS Inc., Chicago, USA). Levene's test was run to check normal distribution of data. The independent *t*-test was run to check the statistical difference between sexes. The paired *t*-test was run for the difference between the two methods.

**Table 1.** Morphometric measurements obtained from radiological images.

Parameters	Gender	No.	Minimum	Maximum	Mean	SD	<i>p</i> -value
<b>TID (mm)</b>	Female	30	69.80	117.70	98.43	10.95	0.551
	Male	15	79.80	131.60	96.23	12.90	
<b>TD (mm)</b>	Female	30	11.70	21.60	16.54	2.78	0.214
	Male	15	11.30	23.20	15.30	3.68	
<b>FTH (mm)</b>	Female	30	12.40	29.80	19.87	4.310	0.889
	Male	15	12.20	24.30	20.05	3.70	
<b>FTL (mm)</b>	Female	30	15.40	32.40	25.11	4.06	0.421
	Male	15	19.60	31.60	24.14	3.13	
<b>THD (mm)</b>	Female	30	136.60	242.20	209.10	24.48	0.768
	Male	15	178.80	247.70	207.00	17.10	
<b>CSLA (mm)</b>	Female	30	126.60	170.00	150.40	13.35	0.055
	Male	15	129.60	171.70	142.55	10.91	
<b>CSSA (mm)</b>	Female	30	76.50	115.10	98.21	11.81	0.551
	Male	15	80.00	108.40	96.14	8.66	
<b>VHS</b>	Female	30	9.00	10.50	9.79	0.48	0.525
	Male	15	8.70	10.80	9.69	0.52	
<b>VHS (Formulas)</b>	Female	30	8.11	15.53	10.11	1.64	0.160#
	Male	15	8.86	11.36	9.96	0.73	
<b>CDC (mm)</b>	Female	30	34.50	65.90	52.22	6.80	0.018*
	Male	15	42.10	69.30	57.89	8.15	
<b>CSC (mm)</b>	Female	30	48.60	89.30	69.60	9.47	0.661
	Male	15	43.60	97.80	71.05	15.94	

TID: Thoracic inlet diameter, TD: Trachea diameter, FTH: Fourth thoracic vertebral height, FTL: Fourth thoracic vertebral length, THD: Thoracic depth, CSSA: Cardiac silhouette short axis measurement, CSLA: Cardiac silhouette long axis measurement, VHS: Vertebral heart score, CDC: Cardio diaphragmatic contact, and CSC: Cardio sternal contact.

\* There is significant difference between the genders ( $p < 0.05$ ). #: Paired *t*-test.



**Fig. 1.** Lateral view of thoracic radiograph. 1: Thoracic inlet diameter, 2: Trachea diameter, 3: Fourth thoracic vertebral height, 4: Fourth thoracic vertebral length, 5: Thoracic depth, 6: Cardiac silhouette short axis measurement, 7: Cardiac silhouette long axis measurement, 8: Cardio-diaphragmatic contact, and 9: Cardiosternal contact (CSC).

## Results

The data obtained from radiological images taken from sheep are shown in Table 1. It shows the findings from radiography images in this study. Thirteen vertebrae in thoracicae were observed. The parameter of the VHS was  $10.50 \pm 0.48$  in females and  $10.80 \pm 0.52$  in males.

The cardiac silhouette long axis measurement parameter was found to be higher in females, however, no statistical difference was observed between the sexes ( $p > 0.05$ ). No statistical difference was found between the first and the second VHS measuring methods ( $p > 0.05$ ).

## Discussion

Thorax radiography is one of the methods frequently used in the detection of cardiovascular and respiratory diseases. Many studies compared the measures taken from radiography images taken in the latero-lateral position across sexes to determine VHS.

A study conducted by Makungu and Paulo on sheep reported that 83.33% of the animals studied had 13 vertebrae thoracicae and 16.77% had 12 vertebrae thoracicae. A study conducted in East African goats revealed that there were 12 vertebrae thoracicae in one out of 10 goats and 13 vertebrae thoracicae in nine goats.<sup>13</sup>

It was reported that the VHS value in new-born lambs was  $10.07 \pm 0.10$  in the first 24 hr and  $9.42 \pm 0.08$  on the 35<sup>th</sup> day.<sup>14</sup> Olatunji-Akiyoye *et al.*<sup>6</sup> reported that the VHS value of African Dwarf Goats ranged between 8.50 and 10.00. In Muzaffarnagari sheep, VHS scores in two groups separated according to weight and age were reported as  $8.40 \pm 0.14$  v and  $8.23 \pm 0.21$  v, respectively.<sup>15</sup> In Zaraibi goats, VHS values were reported to range between 7.30 - 8.80.<sup>16</sup> The authors in the studies on dogs reported a VHS value of  $9.42 \pm 0.37$  in Corgi breeds,<sup>17</sup>  $9.78 \pm 0.42$  in dogs from Khorasan region,<sup>18</sup>  $9.70 \pm 0.67$  in Kangal dogs,<sup>19</sup>  $7.50 \pm 0.30$  v in cats,<sup>20</sup> and  $7.30 \pm 0.55$  v in stray cats.<sup>21</sup> Makungu *et al.*<sup>22</sup> reported a VHS value of  $8.92 \pm 0.42$  in ring-tailed lemurs. This study in Awassi Sheep revealed that the VHS value was  $9.79 \pm 0.48$  in females and  $9.69 \pm 0.52$  in males with first method, and  $10.11 \pm 1.64$  in females and  $9.96 \pm 0.73$  in males with second method. No statistical difference was found between the two methods.

In thorax morphometric measurements, the TID value in East African black-head sheep was stated as  $9.17 \pm 0.60$  cm and the THD value was  $17.48 \pm 0.60$  cm.<sup>9</sup> Makungu and Paulo<sup>13</sup> on East African goats, the THD parameter was reported as  $15.29 \pm 1.53$  cm and the TID parameter was reported as  $7.58 \pm 0.65$  cm. The TID parameter value in non-brachycephalic small breed dogs is  $9.17 \pm 0.60$  cm.<sup>21</sup> In the study, the TID parameter was calculated to be  $98.43 \pm 10.95$  mm in females and  $96.23 \pm 12.90$  mm in males, and the THD parameter was calculated to be  $209.10 \pm 24.48$  mm in females and  $207 \pm 17.10$  mm in males. No statistical difference was observed between genders in both parameters ( $p > 0.05$ ).

Thus, VHS values were determined in the radiographic examination of the thorax of Awassi sheep. In this study, the thorax parameters of healthy Awassi sheep were determined. These values should not be used only for the detection of diseases that develop on the heart and thorax

but should be also used together with clinical examinations. This study is considered to contribute to the clinical field.

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Not applicable.

## Conflict of interests

There are no conflicts of interest to declare for any of the authors.

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