SHORT COMMUNICATION

Veterinary Research Forum. 2016; 7 (2) 169 - 172

Journal Homepage: vrf.iranjournals.ir

# Androgen receptor blockade using flutamide skewed sex ratio of litters in mice

Faramarz Gharagozlou<sup>1</sup>, Reza Youssefi<sup>1</sup>, Mehdi Vojgani<sup>1</sup>, Vahid Akbarinejad<sup>2\*</sup>, Ghazaleh Rafiee<sup>1</sup>

<sup>1</sup> Department of Theriogenology, Faculty of Veterinary Medicine, University of Tehran, Tehran, Iran; <sup>2</sup> Young Researchers and Elites Club, Roudehen Branch, Islamic Azad University, Roudehen, Iran.

Article Info	Abstract
Article history:	Maternal testosterone has been indicated to affect sex ratio of offspring. The present study was conducted to elucidate the role of androgen receptor in this regard by blockade of
Received: 22 July 2015	androgen receptor using flutamide in female mice. Mice were randomly assigned to two
Accepted: 12 October 2015	experimental groups. Mice in the control $(n = 20)$ and treatment $(n = 20)$ groups received 8 IU
Available online: 15 June 2016	equine chorionic gonadotropin (eCG) followed by human chorionic gonadotropin (hCG) injection (8 IU) 47 hr later. In addition, mice in the control and treatment groups received four
Key words:	injections of ethanol-saline vehicle and flutamide solution (2.50 mg), respectively, started from 1 hr before eCG injection until hCG injection at 12-hr intervals. Conception rate was not
Androgen receptor	different between the treatment (18/20: 90.00%) and control (19/20: 95.00%) groups
Flutamide	( $p > 0.05$ ). Litter size was higher in the treatment (8.22 ± 0.26) than control (7.21 ± 0.28) group
Mice	(p < 0.05). Male sex ratio was lower in the flutamide-treated mice (67/148: 45.30%) as
Sex ratio	compared with the untreated ones (80/137: 58.40%; odds ratio = 1.69; $p < 0.05$ ). In conclusion, the results showed that androgen receptor blockade could skew sex ratio of offspring toward females implying that the effect of testosterone on sex ratio might be through binding to androgen receptor. In addition, the blockade of androgen receptor using flutamide appeared to enhance litter size.
	© 2016 Urmia University. All rights reserved.

# انحراف نسبت جنسیت موالید به سمت جنین های ماده در موش متعاقب بلاک گیرنده آندروژن با استفاده از فلوتامید

#### چکیدہ

مطالعات حاکی از تأثیر غلظت تستوسترون مادر بر نسبت جنسیت موالید میباشد. هدف از مطالعه حاضر ارزیابی نقش گیرنده آندروژن در این رابطه بود. به این منظور از فلوتامید جهت بلاک کردن گیرنده آندروژن در موش های ماده استفاده گردید. موش ها به صورت اتفاقی در دو گروه آزمایشی قرار داده شدند. موش ها در گروه های شاهد (۲۰ قطعه) و تیمار (۲۰ قطعه) هشت واحد بین-المللی گنادوتروپین کوریونی اسبی (eCG) و ۴۷ ساعت بعد هشت واحد بینالمللی گنادوتروپین کوریونی انسانی (hCG) دریافت کردند. علاوه بر این، موش ها در گروههای شاهد و تیمار به ترتیب چهار تزریق محمل سرم فیزیولوژی –اتانولی و محلول فلوتامید (۲۵ میلی گرم) دریافت کردند، این تزریقات از یک ساعت پیش از تزریق eCG با زمان قریق و شاه در گروه شاهد و گروه شاهد و تیمار به ترتیب نوخ باروری بین گروه تیمار (۱۸ از ۲۰: ۹۰٪) و شاهد (۱۹ از ۲۰: ۵۰/۹۰درصد) متفاوت نبود (۵۰/۰ ح ۲). تعداد موالید در گروه تیمار (۲۶ ± ۲۰/۲) بالاتر از گروه شاهد (۲۰ ± ۲/۷) بود از خ باروری بین گروه تیمار (۱۸ از ۲۰: ۹۰٪) و شاهد (۱۹ از ۲۰: ۴۰/۹۰درصد) متفاوت نبود (۵۰/۰ ح ۲). تعداد موالید در گروه تیمار (۲۶ ± ۲/۱۷) بالاتر از گروه شاهد (۲/۰ ± ۱/۷) بود (۲۳) - ۹. نسبت جنسیت در موش های تیمار شده به فلوتامید (۱۲ از ۲۰: ۴۰/۹۵درصد) متفاوت نبود (۱۰/۰ میلی زمان ۱۲ (۱۴ زمان ۲۰۰۰ ج). در نتیجه، نتایج زم باروری بین گروه تیمار (۱۸ از ۲۰: ۹۰۰٪) و شاهد (۱۹ از ۲۰ : ۴۰/۹۵درصد) متفاوت نبود (۱۰/۰ م از ۲۰ (۱۰ و ۲۰۱۰ ها) مالاره از ۲۰ (۲۰۰۰) بود زم باروری بین گروه تیمار (۱۸ از ۲۰: ۹۰۰٪) و شاهد (۱۲ از ۲۰ : ۴۵/۹۰ ۲۵ درصد) متفاوت نبود (۱۰ (۱۰ و ۲۰ زمان ۲۰۰۰ هرصد) بود (نسبت شانس = ۱۶۹ و ۲۰/۰ - ۹). در (۱۳ زمان داد که بلاک گیرنده آندروژن می قواند نسبت جنسیت را بود.

**واژه های کلیدی:** فلو تامید، گیرنده آندروژن، موش، نسبت جنسیت

\*Correspondence:

Vahid Akbarinejad. DVM, DVSc

Young Researchers and Elites Club, Roudehen Branch, Islamic Azad University, Roudehen, Iran. **E-mail:** v\_akbarinejad@ut.ac.ir

## Introduction

Numerous studies have indicated skewness in the expected equal proportion of sexes (50:50) at birth in different mammals,<sup>1,2</sup> and this phenomenon has been attributed to various factors including maternal body condition,<sup>3</sup> nutrition,<sup>1</sup> maternal hormonal profile,<sup>2,4,5</sup> maternal glucose concentration<sup>4,6</sup> and stress.<sup>7,8</sup>

One of the main factors indicated to affect the sex is maternal dominance, i.e. more dominant mothers are more likely to produce males than females.<sup>9</sup> Maternal dominance has been associated with maternal testosterone concentration.<sup>10,11</sup> In this context, association between maternal testosterone and producing male gender has been reported in the vole,<sup>4</sup> ibex<sup>5</sup> and bovine.<sup>12,13</sup> Yet it has remained unknown whether the effect of testosterone on the sex of offspring is through its direct effect on oocyte or through its conversion to a secondary molecule which would subsequently affect the sex of offspring. For example, treatment with oestradiol, which results from aromatization of testosterone,<sup>14</sup> has resulted in male-biased sex ratio in mice<sup>15</sup> and bovine.<sup>16</sup>

It has been indicated that it is pre-conceptional testosterone associated mechanisms rendering the oocytes to be more likely to be fertilized by Y than X chromosome-bearing spermatozoa.<sup>12,13</sup> Therefore, the present study was conducted to evaluate the effect of pre-ovulatory administration of flutamide, an androgen receptor antagonist,<sup>17,18</sup> on sex ratio of litters in mice (the proportion of males) in order to elucidate whether the action of testosterone on the gender is through binding to androgen receptor.

#### **Materials and Methods**

Animals and experimental design. The mice (n = 40; aged approximately 12 weeks) were maintained in a temperature-controlled environment under 12 hr light/ 12 hr darkness photoperiod, and had *ad libitum* access to food and water. This study was approved by Faculty of Veterinary Medicine, University of Tehran, Tehran, Iran to secure its compliance with the Guide for the Care and Use of Laboratory Animals.<sup>19</sup>

The mice were randomly assigned to two experimental groups. The mice in the control (n = 20) and treatment (n = 20) groups received a subcutaneous injection of 8 IU equine chorionic gonadotropin (eCG; Hipra, Amer, Spain) followed by an intraperitoneal injection of 8 IU human chorionic gonadotropin (hCG; IBSA, Lugano, Switzerland) 47 hr later. Additionally, mice in the control and treatment groups received four subcutaneous injections of ethanolsaline vehicle and flutamide solution (2.50 mg; Iran Hormone Pharmaceutical Co., Tehran, Iran), respectively, beginning from 1 hr prior to eCG injection until hCG injection at 12 hr intervals. Flutamide solution was prepared by

dissolving flutamide in 95.00% ethanol at 50.00 mg mL<sup>-1</sup> concentration, which was further diluted with an equal volume of saline. Then, female mice were introduced to males; one male was caged with two female mice of different experimental groups. The sex of litters was determined by evaluating anogenital distance two days after birth, which was further confirmed at weaning.<sup>20</sup>

**Reproductive parameters.** Conception rate was defined as the number of mice conceived divided by the number of mice assigned to the study. Sex ratio was defined as the number of male litters divided by the number of all litters born.

**Statistical analysis.** Data associated with the binary outcome variables including conception rate and sex ratio were analyzed by logistic regression analysis using GENMOD procedure including function link logit in the model. Logistic regression analyses generated odds ratios as the estimates of strength of difference. Data associated with litter size was analyzed using TTEST procedure. All analyses were conducted in SAS (version 9.2; SAS Institute Inc.; Cary, USA). Differences were considered statistically significant at p < 0.05 level.

## Results

Out of 20 mice assigned into each group, 19 and 18 mice conceived in the control and treatment groups, respectively; there was no difference between two groups in conception rate (p > 0.05). Litter size was higher in the flutamide-treated (8.22 ± 0.26) than untreated (7.21 ± 0.28) mice (p < 0.05). Male sex ratio was lower in the treatment group (67/148: 45.30%) as compared with the control group (80/137 = 58.40%; odds ratio = 1.69; p < 0.05; Table 1).

## Discussion

Female voles with high concentrations of circulatory testosterone have been observed to produce male-biased sex ratio.<sup>4</sup> In addition, Shargal *et al.* found an association between fecal testosterone concentration and the sex of offspring being male in ibex.<sup>5</sup> The association between testosterone and probability of the in vitro produced male embryos has been observed in bovine. Moreover, it has been shown that maternal testosterone impacts the sex ratio of offspring pre-conceptionally as oocytes originated from the follicles with high intrafollicular testosterone were more likely to produce male than female embryos.<sup>12,13</sup> The present study revealed that this effect of testosterone on sex ratio of offspring might be mediated through androgen receptor, as pre-ovulatory treatment of mice with flutamide, which is an androgen receptor antagonist,<sup>17,18</sup> resulted in a female-biased sex ratio. The binding of testosterone to androgen receptor results in dimerization of the receptor leading to binding of the androgen receptor

Item	Class	Parameter (%)	Estimate ± SE	OR	95% CI	<i>p</i> -value	
Sex ratio	Ethanol-saline vehicle	80/137 (58.40)	$0.52 \pm 0.23$	1.69	1.06 - 2.71	0.02	
	Flutamide	67/148 (45.30)	—	Reference	—	—	
Conception rate	Ethanol-saline vehicle	19/20 (95.00)	$0.74 \pm 1.26$	2.11	0.17 - 25.33	0.55	
	Flutamide	18/20 (90.00)	—	Reference	-	—	

**Table 1.** Parameter estimates, standard errors (SE), estimated odds ratios (OR) and 95% confidence intervals (CI) for the effect of flutamide on sex ratio of litters and conception rate in mice.

to its cognate response element and recruiting coregulators to promote the expression of target genes.<sup>21</sup> Nevertheless, the downstream mechanisms ensuing binding of testosterone to androgen receptor leading to increase in the probability of fertilizing oocytes by Y chromosome-bearing spermatozoa over X chromosomebearing ones are unknown and require further molecular studies to be elucidated.

Moreover, treatment with flutamide increased litter size in mice in the present study. Increasing ovarian androgen secretion, eCG has been observed to reduce oocyte quality, which has been indicated to be eliminated by flutamide.<sup>17</sup> Therefore, higher litter size in flutamide-treated than untreated mice in the present study could be attributed to anti-androgenic effects of flutamide, enhancing oocyte quality.

Flutamide has been observed to interfere with LH surge, thereby blocking ovulation in rats.<sup>18</sup> The demolishing effect of flutamide on ovulation was found to be abolished by hCG injection,<sup>18</sup> which was probably the reason conception rates were not different between flutamide-treated and untreated mice in the present study.

In conclusion, the present study revealed that blockade of androgen receptor using flutamide could skew sex ratio of offspring toward females which implicates that the effect of testosterone on sex ratio is, at least in part, through binding to androgen receptor. Moreover, flutamide treatment improved litter size in mice.

#### Acknowledgments

This study was supported by Iranian Theriogenology Association, Faculty of Veterinary Medicine, University of Tehran, Tehran, Iran. The authors wish to thank Ashkan Hedayati and Farid Heydari for their kind assistance in the present study.

## References

- Rosenfeld CS, Roberts RM. Maternal diet and other factors affecting offspring sex ratio: A review. Biol Reprod 2004; 71: 1063-1070.
- Grant VJ, Chamley LW. Can mammalian mothers influence the sex of their offspring peri-conceptually? Reproduction 2010; 140: 425-433.
- 3. Trivers RL, Willard DE. Natural selection of parental ability to vary the sex ratio of offspring. Science 1973; 179: 90-92.

- 4. Helle S, Laaksonen T, Adamsson A, et al. Female field voles with high testosterone and glucose levels produce male-biased litters. Anim Behav 2008; 75: 1031-1039.
- 5. Shargal D, Shore L, Roteri N, et al. Fecal testosterone is elevated in high ranking female ibexes (*Capra nubiana*) and associated with increased aggression and a preponderance of male offspring. Theriogenology 2008; 69: 673-680.
- 6. Cameron EZ, Lemons PR, Bateman PW, et al. Experimental alteration of litter sex ratios in a mammal. Proc Biol Sci B 2008; 275: 323-327.
- Krackow S, Hoeck HN. Sex ratio manipulation, maternal investment and behavior during concurrent pregnancy and lactation in house mice. Anim Behav 1989; 37: 177-186.
- 8. Akbarinejad V, Niasari-Naslaji A, Mahmoudzadeh H, et al. Effects of diets enriched in different sources of fatty acids on reproductive performance of Zel sheep. Iranian J Vet Res 2012; 13: 310-316.
- 9. Grant VJ.Sex determination and the maternal dominance hypothesis. Hum Reprod 1996; 11: 2371-2375.
- Bouissou MF. Effects of testosterone propionate on dominance relationships in cows. Horm Behav 1978; 11: 388-400.
- 11. Grant VJ, France JT. Dominance and testosterone in women. Biol Psychol 2001; 58: 41-47.
- 12. Grant VJ, Irwin RJ. Follicular fluid steroid levels and subsequent sex of bovine embryos. J Exp Zool A Comp Exp Biol 2005; 303: 1120-1125.
- 13. Grant VJ, Irwin RJ, Standley NT, et al. Sex of bovine embryos may be related to mothers' pre-ovulatory follicular testosterone. Biol Reprod 2008; 78: 812-815.
- 14. Leung PCK, Armstrong DK. Interactions of steroids and gonadotropins in the control of steroidogenesis in the ovarian follicle. Annu Rev Physiol 1980; 42: 71-82.
- 15. Zhang L, Du WH, Chen H, et al. Impact of reproductive hormone on mouse embryo sexes [Chinese]. J Mol Cell Biol 2006; 39: 573-577.
- 16. Emadi SR, Rezaei A, Bolourchi M, et al. Administration of estradiol benzoate prior to insemination could skew secondary sex ratio toward males in Holstein dairy cows. Dom Anim Endocrinol 2014; 48: 110-118.
- 17. Opavsky MA, Chandrasekhar Y, Roe M, et al. Interference with the pre-ovulatory luteinizing hormone surge and blockade of ovulation in immature pregnant mare's serum gonadotropin-primed rats with the antiandrogenic drug, hydroxyflutamide. Biol Reprod 1987; 36: 636-642.

- 18. Yun YW, Yuen BH, Moon YS. Effects of an antiandrogen, flutamide, on oocyte quality and embryo development in rats superovulated with pregnant mare's serum gonadotropin. Biol Reprod 1988; 39: 279-286.
- 19. National Research Council. Guide for the care and use of laboratory animals. 8<sup>th</sup> ed. Washington DC, USA: National Academies Press 2011; 41-88.
- 20. Rosenfeld CS, Grimm KM, Livingston KA, et al. Striking variation in the sex ratio of pups born to mice according to whether maternal diet is high in fat or carbohydrate. Proc Natl Acad Sci USA 2003; 100: 4628-4632.
- 21. Heinlein CA, Chang C. The roles of androgen receptors and androgen-binding proteins in nongenomic androgen actions. Mol Endocrinol 2002; 16: 2181-2187.